# The Missouri SCHOOL HEALTH Profiles

Asthma

and tribal governments.¹ The surveys are collected every other year (even years) by education and health agencies with technical support from the U.S. Centers for Disease Control and Prevention (CDC). Questionnaires are administered to middle and high school principals and lead health education teachers from a sample of secondary schools. The profiles conducted in Missouri have had at least 70 percent of the surveys completed since 1996 and obtained weighted data, representative of the state.²,³ In 2016, 381 secondary schools in Missouri were randomly selected to participate from which 294 principals (77%) and 283 lead health education teachers (74%) completed questionnaires.

The School Health Profiles assess school health policies and practices in states, territories, large urban school districts,

67.9% Middle Schools

Percent of secondary schools

in which the Lead Health

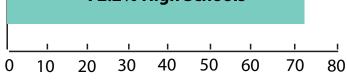
**Education Teachers tried to** 

increase student knowledge on

asthma in a required course in any grades 6-12, 2016

73.6% Jr/Sr High Schools

72.2% High Schools



### **Education**

In 2016, 22.4 percent of secondary schools had lead health education teachers who received professional development (such as workshops, conferences, continuing education or any other kind of in-service) on asthma during the past two years and 41.0 percent of secondary schools' lead health education teachers would like to receive professional development on asthma.

In 2016, 22.6 percent of secondary schools provided parents and families with health information designed to increase parent and family knowledge of asthma during the current school year.

## **Health Services**

In 2016, 70.1 percent of secondary schools had a protocol that ensures students with a chronic condition that may require daily or emergency management are enrolled in private, state or federally funded insurance programs if eligible.

Percentage of Schools that:	Participating	Missouri		
	States Median	201 <b>2</b>	201 <b>4</b>	201 <b>6</b>
	% 2016 (range)	% (95% CI)	% (95% CI)	% (95% CI)
Have a full-time registered nurse who	50.6	73.9	75.2	75.7
provides health services to students.	(1.9-98.7)	(70.2-77.4)	(71.6-78.6)	(72.1-78.9)

## What Missouri schools did:



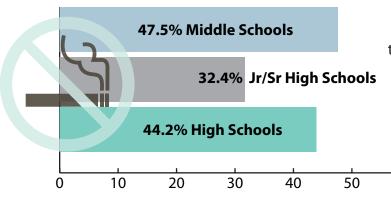
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	Percentage of Schools that:	2016 % (95% CI)			
	Routinely use school records to identify and	97.6			
	track students with a current diagnosis of	(95.5-98.7)			
	asthma.				
	Provide referrals to any organizations or	52.2			
	health care professionals not on school	(47.1-57.1)			
	property for students diagnosed with or				
١	suspected to have asthma.				
2000	Linked parents and families to health	65.9			
4	services and programs in the community	(61.0-70.4)			
h	during the current school year.				
26	Use electronic, paper or oral	81.4			
	communication to inform parents about	(79.6-84.7)			
	school health services and programs.				

<sup>\*</sup>CI: Confidence Interval

### **Policies**

In 2016, 63.7 percent of Missouri secondary schools had one or more than one group (e.g., school health council, committee, or team) that offered guidance on the development of policies or coordinated activities on health topics. In addition, 40.3% of schools had students' families help develop or implement policies and programs related to school health during the past two years.

	Participating	Missouri		
Percentage of Schools that:	States Median % 2016 (range)	201 <b>2</b> % (95% CI)	201 <b>4</b> % (95% CI)	201 <b>6</b> % (95% CI)
Ever used the School Health Index or other self-assessment tool to assess school policies, activities, and programs.	26.1 (10.3-68.8)	29.8 (25.7-34.3)	32.7 (28.7-36.9)	34.2 (29.6-39.1)
Have adopted a policy prohibiting tobacco	97.8	99.0	96.8	96.9
use.	(86.6-100.0)	(97.5-96.6)	(94.3-98.2)	(94.6-98.2)



Percent of secondary schools that follow a policy that mandates a "tobacco-free environment"\*, 2016

\*A "tobacco-free environment" is one that prohibits tobacco use by students, staff, and visitors in school buildings, at school functions, in school vehicles, on school grounds, and at off-site school events, applicable 24 hours a day and seven days a week.

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<sup>&</sup>lt;sup>1</sup>U.S. Centers for Disease Control and Prevention. Profiles 2016: School Health Profiles, Characteristics of Health Programs among Secondary Schools. https://www.cdc.gov/healthyyouth/data/profiles/pdf/2016/2016\_Profiles\_Report.pdf

<sup>&</sup>lt;sup>2</sup>U.S. Centers for Disease Control and Prevention. Participation History & Data Quality, 1996-2016. https://www.cdc.gov/healthyyouth/data/profiles/participation.htm

<sup>&</sup>lt;sup>3</sup>Missouri data source: Missouri Department of Elementary and Secondary Education